

Implementation MANUAL



WELCOME

Imhealthytoday is a data-driven, doctor-designed, doctor-managed program built to support students, faculty and staff as they return to school.

The program is based on self-reporting and team communication. Success will require leadership endorsement and the active participation of the entire student body, faculty and staff.

We welcome you, and thank you for joining forces to stop the spread of COVID-19.



PROGRAM COMPONENTS



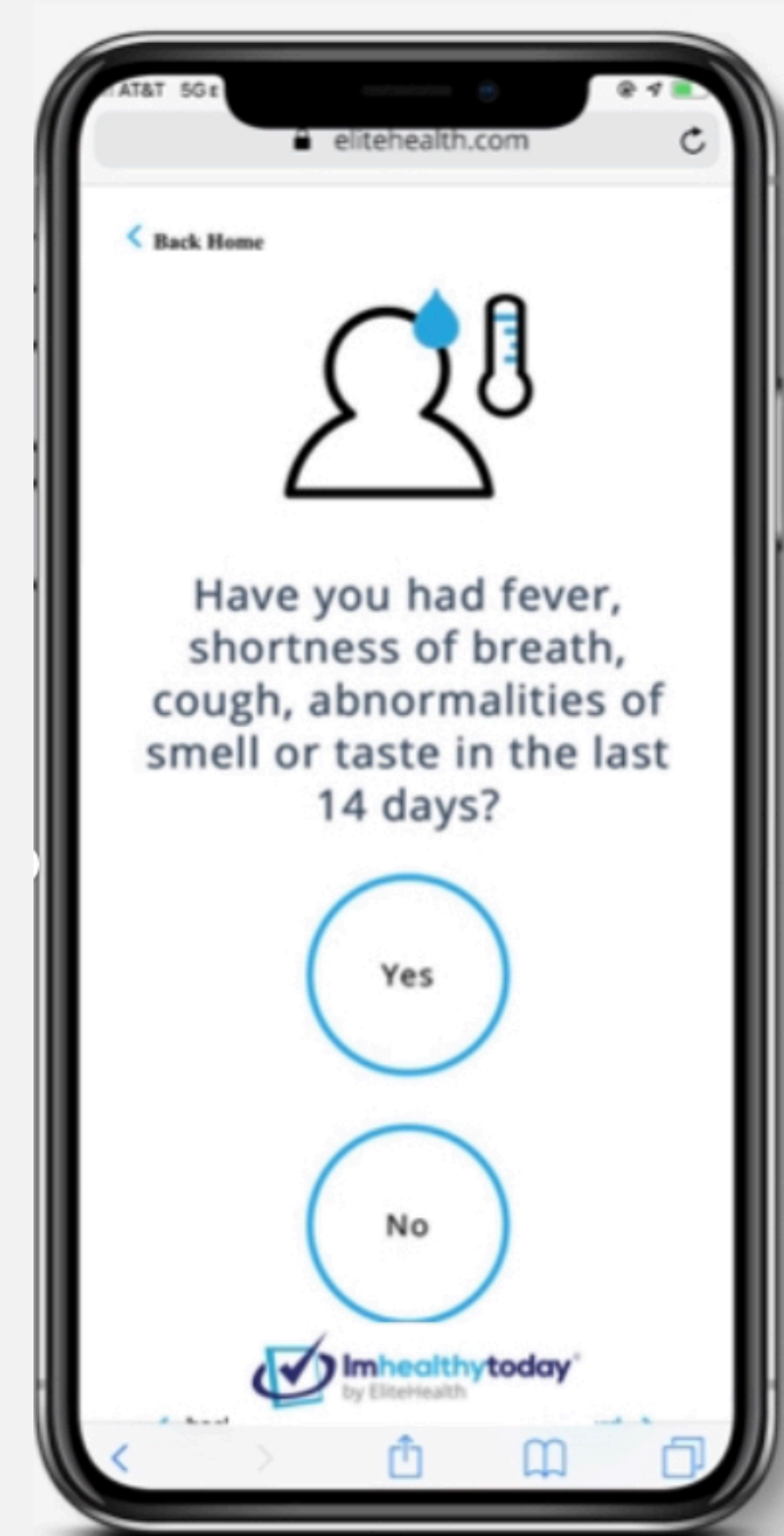
EDUCATOR - RESOURCES



Imhealthytoday[®]
SCHOOLS

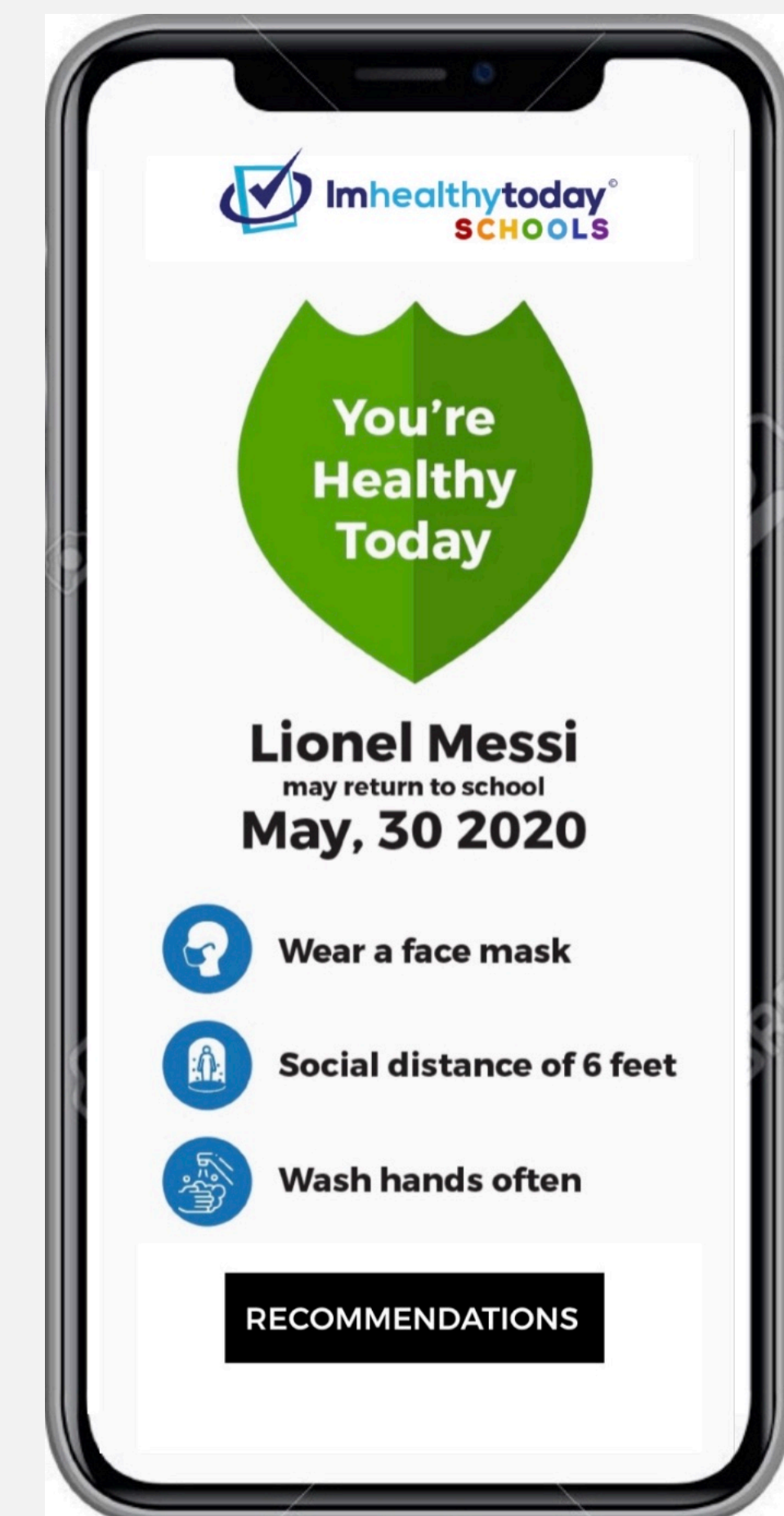
INITIAL SELF-CHECKER

The initial self-checker is an in-depth questionnaire designed to screen students faculty and staff to determine who is symptomatic or at risk of being infected. This physician-designed questionnaire is meant to be answered just once during the membership activation process. After the initial self-checker is complete, the daily self-checker activates, and it will be available every day.



DAILY SELF-CHECKER

Our daily self-checker allows students, faculty and staff to self-report every day. This keeps awareness high and limits symptomatic exposure, preventing those with known symptoms from returning to school, lessening the spread. Assessment results are sent via email and text. The member can show the phone green light message to security to obtain clearance to access the building. Those members who receive a yellow light will be advised to stay home and promptly contacted by our team to schedule a tele-visit to determine if testing is needed or if the member is cleared to return to school.



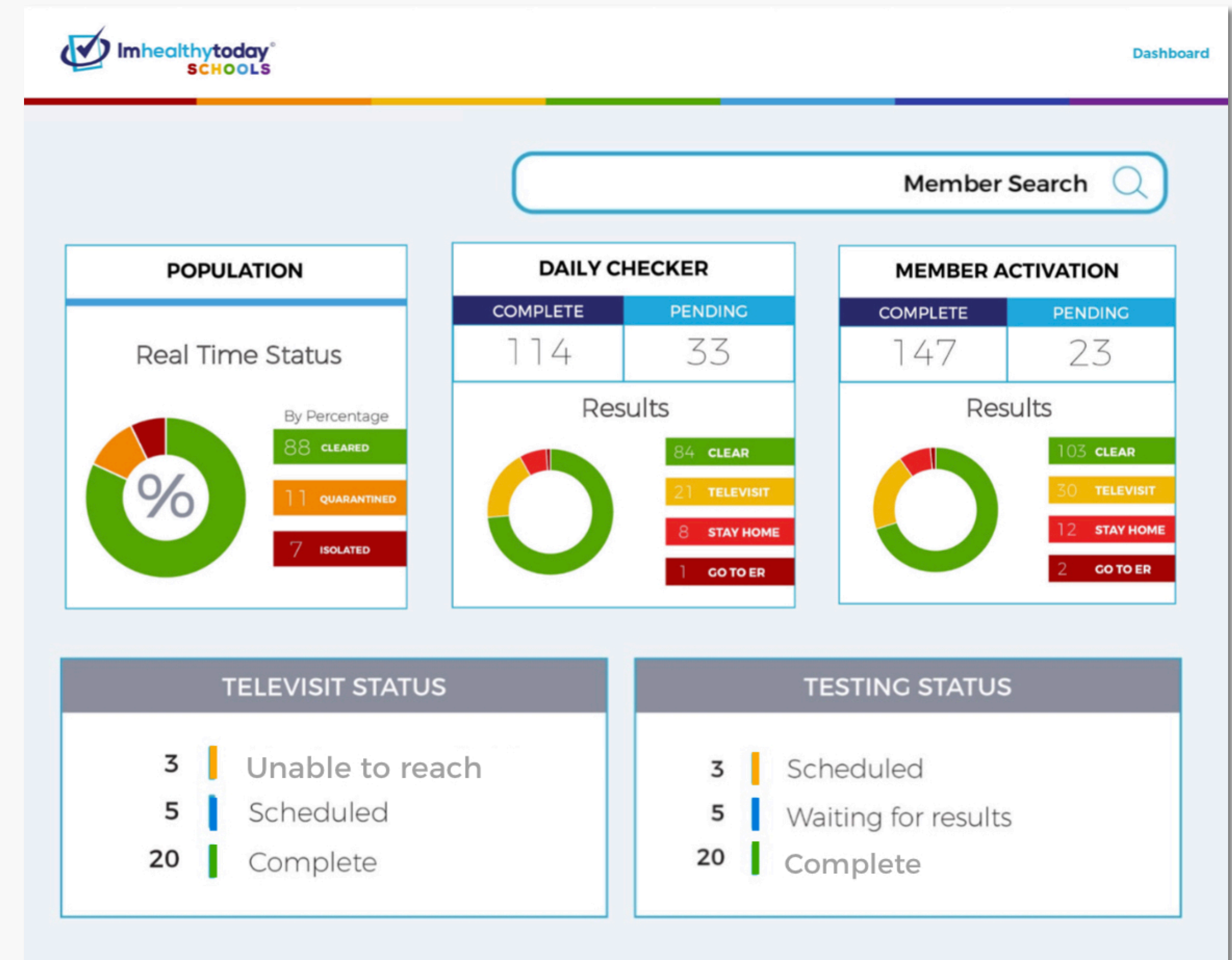
TELE-VISITS & TESTING

Imhealthytoday is a data-driven doctor-managed program. Based on the results from our self-checkers, we will conduct tele-visits and coordinate COVID-19 testing accordingly.



HEALTH STATUS DASHBOARD

The Imhealthytoday Health Status Dashboard provides notifications regarding daily checker compliance, high-risk members who have been sent home or stayed home, members who are being tested, test results, and return to school status of those who have been cleared.



PROGRAM TECHNICAL REQUIREMENTS

Imhealthytoday is web-based accessible using all browsers and is IOS and Android friendly.

It can also be accessed via any browser.

The program is accessible via any smart mobile device, tablet or computer with a WIFI connection.



ONBOARDING PROCESS

SCHOOL LEADERSHIP RESPONSIBILITIES



- Supplying updated and accurate eligibility information – our program is only as good as our data
- Program endorsement by school leadership
- Designate a dashboard management team
- Designate a liaison to centralize members concerns and establish a single point of contact
- Updating records monthly

ELIGIBILITY FILE

Together with this manual we supply an **eligibility sample file** to obtain members data that will be used to activate the program.

THE ACCOUNT ACTIVATION AND THE ONLINE SELF-CHECKERS FUNCTION BY CONNECTING VIA EMAIL AND CELL PHONE. THE ACCURACY OF THE SUPPLIED INFORMATION WILL DETERMINE THE SUCCESS OF THE PROGRAM.

Our platform requires a **single** record for both email and cell phone number. We generate a unique group name and can generate employee numbers if necessary.

We require eligibility file monthly updates. FTP information will be supplied for that purpose.



TIPS FOR SUCCESS

- Check and update all records
- Make sure the phone numbers supplied are cell phone numbers and not landlines
- Make sure members can access the supplied email address even when they are away from the school

INTERNAL ANNOUNCEMENT

Participation: The Key to Success.

To ensure participation, the program must be endorsed and communicated to the members by school authorities.

INTERNAL ANNOUNCEMENTS EXPLAINING THE PROGRAM AND COMMUNICATIONS INFORMING ABOUT DEPLOYMENT DATES ARE ESSENTIAL FOR THE ACTIVATION PROCESS.

Supporting sample announcements, and printed collateral is available upon request.



TIPS FOR SUCCESS

- Formally announce the Imhealthytoday schools program through internal communications, endorsed by school authorities
- Convey that the program is not optional
- Provide student code of conduct specifying the program requirements
- Reinforce the message through repeated internal communications

ACTIVATION PROCESS

DEPLOYMENT TEXT & EMAIL

The program activates through an email and a text sent to all students, which contains a link to the school portal and login credentials. The activation process can be started using either the email or text link. Two options are provided to facilitate the process.

Welcome to Imhealthytoday!

Please, use the credentials below to activate your account

- URL to login: <https://imhealthytoday.org>
- Username= user
- Password = PMciAr*xl7Ry

If you need to reset your password you may do so by going to <https://imhealthytoday.org/wp-login.php?action=lostpassword>

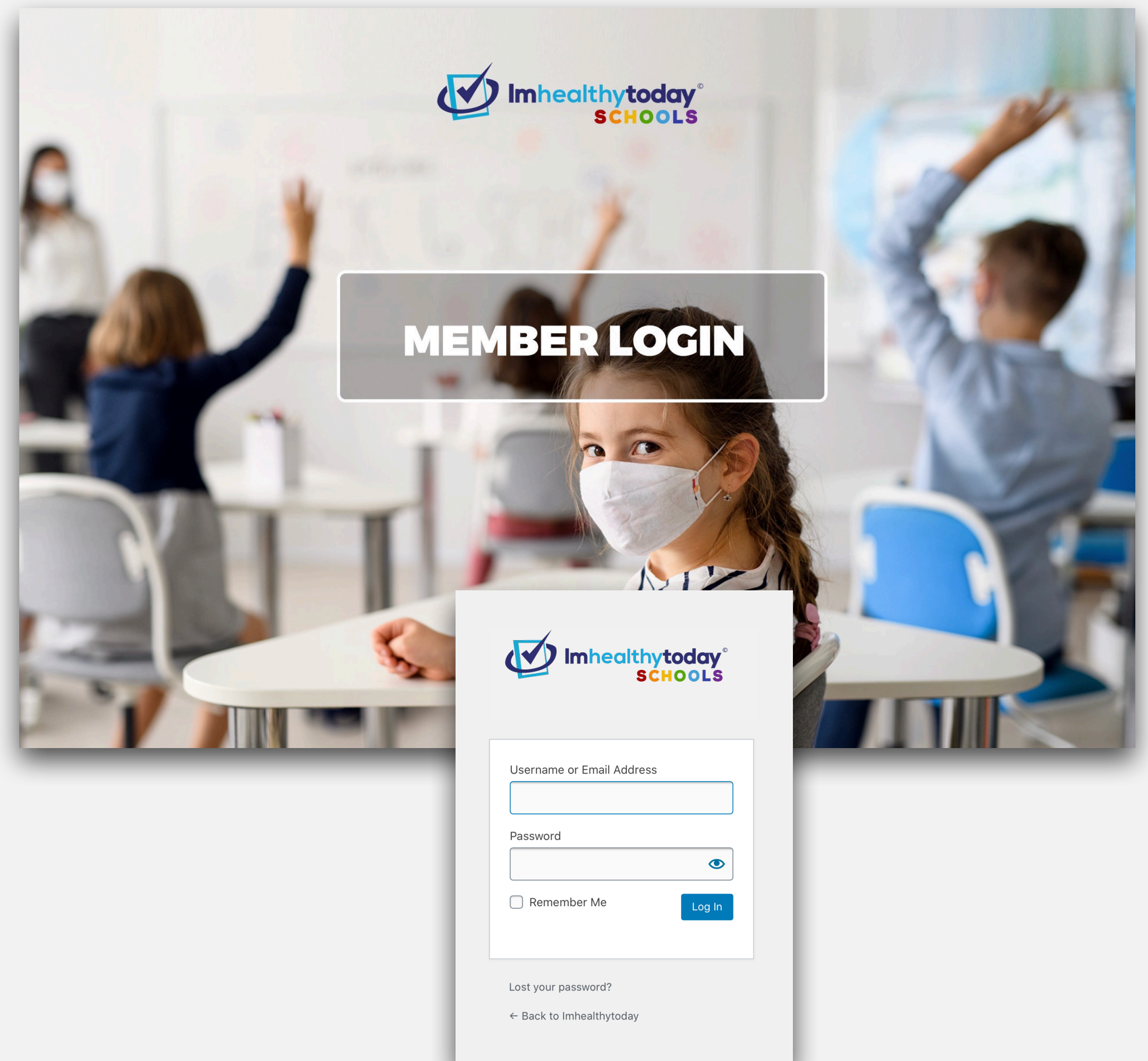


Text Message
Wed, Jun 3, 5:02 PM

Your account at Imhealthytoday has been created, Please use these credentials to log in and start your back to school process
URL to log in: <http://infinite.imhealthytoday.org>
Username: user
Password: G^%1&HjuMYx9
This information was also sent to your email user@imhealthytoday.org

SCHOOL PORTAL LOGIN

After clicking on the link supplied in the activation email or text message the school portal opens offering access the login screen. Members must enter their supplied username and password received in the email to access the **Initial Self-Checker**.



LEGAL FORMS

After logging in, and before accessing the initial self-checker, members will agree to our disclaimers, and consent to share COVID-19 testing results with school authorities

We have attached our legal forms to the onboarding package.



Notice of Liability Disclaimer

Why is access to my health information being requested?

Imhealthytoday offers a comprehensive employee back to work monitoring program to ensure a safe and healthy work environment and keep you, your fellow employees, and patrons healthy and risk-free. Imhealthytoday is committed to providing you with the utmost level of care and professionalism by offering you a proprietary algorithm incorporating online telecommunication services enabling

Accept Terms *

☒ I agree to the Terms of Service.

Submit

Data- Use Consent and Notice

Imhealthytoday, LLC d/b/a Imhealthytoday ("Imhealthytoday") offers a proprietary algorithm incorporating online telecommunication services enabling you and other consumers to report their health history, and through contracts with various entities such as 1-800 MD, LLC ("Medical Group"), engage licensed practitioners and other healthcare professionals (individually "Provider" and collectively "Providers"), through the use of synchronous and asynchronous telecommunications technologies, to obtain medical and healthcare services. Providers deliver clinical services via

Accept Terms *

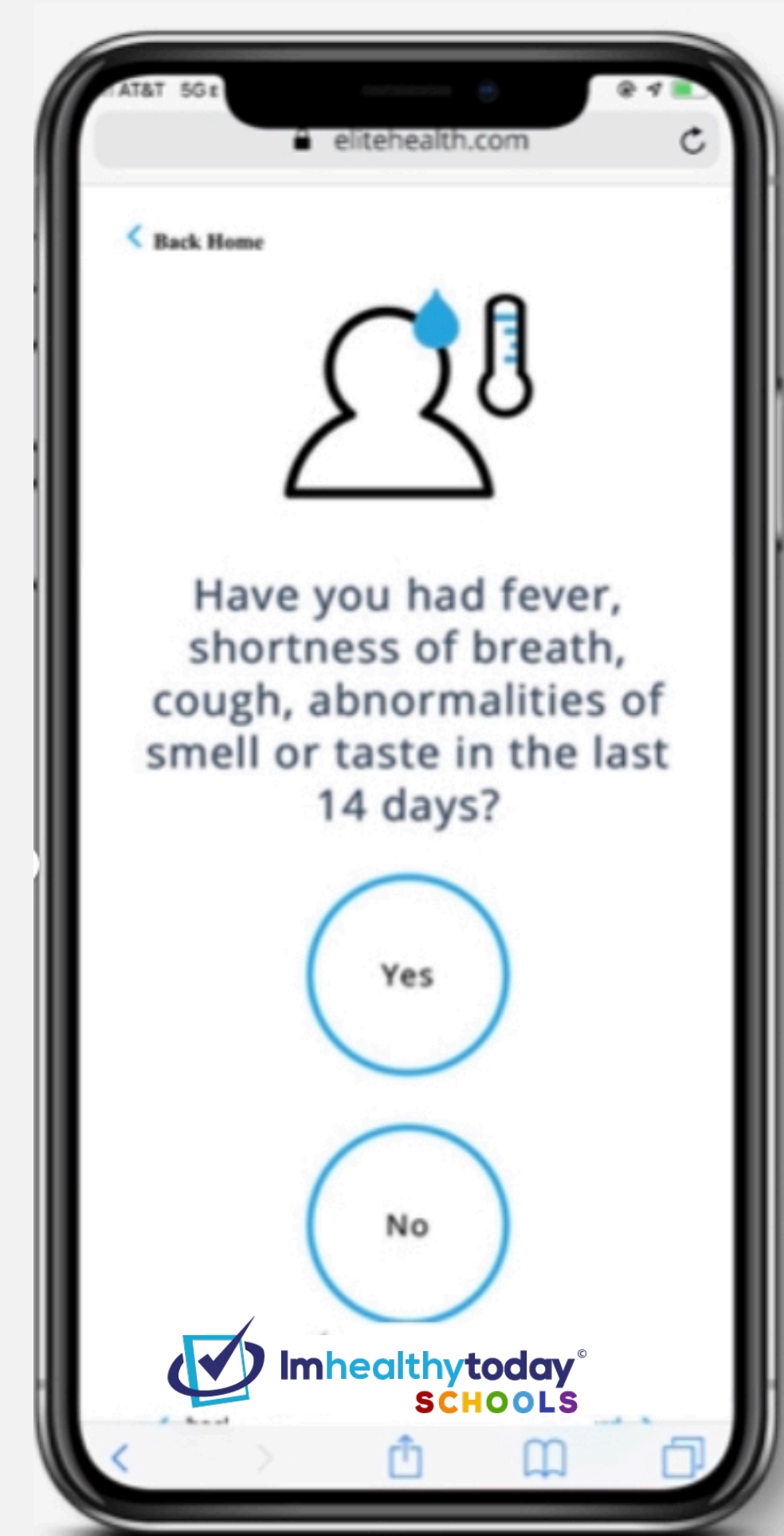
☒ I agree to the Terms of Service.

Submit

INITIAL SELF-CHECKER

After consenting by clicking through the legal forms, the Initial Self-Checker will start automatically.

NOTE: The **Initial Self-Checker** assessment will be active only once during the activation process. Members must login the next day and take the **Daily Self-Checker** every day to be able to obtain clearance to go back to school.



INITIAL SELF-CHECKER RESULTS

After completing the Initial Self-Checker, members will receive their results via email. The Initial Self-Checker will be active only during account activation.

After the account is active the Daily Checker comes up automatically after logging in every day.


Thank you!

The self-checker results indicate that your child may have been exposed to the coronavirus, and may need a COVID-19 PCR TEST.
YOUR CHILD MUST STAY HOME

You will be contacted by our medical team to schedule a tele-visit and continue with the Imhealthytoday protocol

How does it work?


We will schedule a tele-visit to determine if your child needs testing. After the tele-visit, if the doctor indicates a COVID-19 test is needed, our team will schedule the test and assist you in continuing with the next steps.



Instruct your child to follow the recommendations below


- Respiratory Hygiene**
Wear a mask. Cover nose and mouth when sneezing or coughing. Throw away tissues after use and perform hand hygiene
- Social Distancing**
Stay home if sick, minimize contact with others. Prevent spreading the coronavirus by advising people in your circle if you if your child tested positive so they can get tested as well.
- Hand Hygiene**
Frequent hand hygiene helps prevent the spread of infection. Wash hands or use alcohol hand sanitizer when soap and water are not available.
- Surface Hygiene**
Routinely clean and disinfect frequently touched surfaces.
- Eat Well**
Proper nutrition and hydration are the best way to boost your immune system. Fresh, nutritious food is always the best medicine.

The Imhealthytoday Self-Checker is a screening tool and is not intended to be a substitute for professional medical advice, diagnosis, or treatment, and does not constitute medical or other professional advice



Thank you!


The self-checker results indicate your child is **cleared** to get back to school



Instruct your child to follow the recommendations below

- Respiratory Hygiene**
Wear a mask. Cover nose and mouth when sneezing or coughing. Throw away tissues after use and perform hand hygiene
- Social Distancing**
Stay home if sick, minimize contact with others. Prevent spreading the coronavirus by advising people in your circle if you if your child tested positive so they can get tested as well.
- Hand Hygiene**
Frequent hand hygiene helps prevent the spread of infection. Wash hands or use alcohol hand sanitizer when soap and water are not available.
- Surface Hygiene**
Routinely clean and disinfect frequently touched surfaces.
- Eat Well**
Proper nutrition and hydration are the best way to boost your immune system. Fresh, nutritious food is always the best medicine.

The Imhealthytoday Self-Checker is a screening tool and is not intended to be a substitute for professional medical advice, diagnosis, or treatment, and does not constitute medical or other professional advice



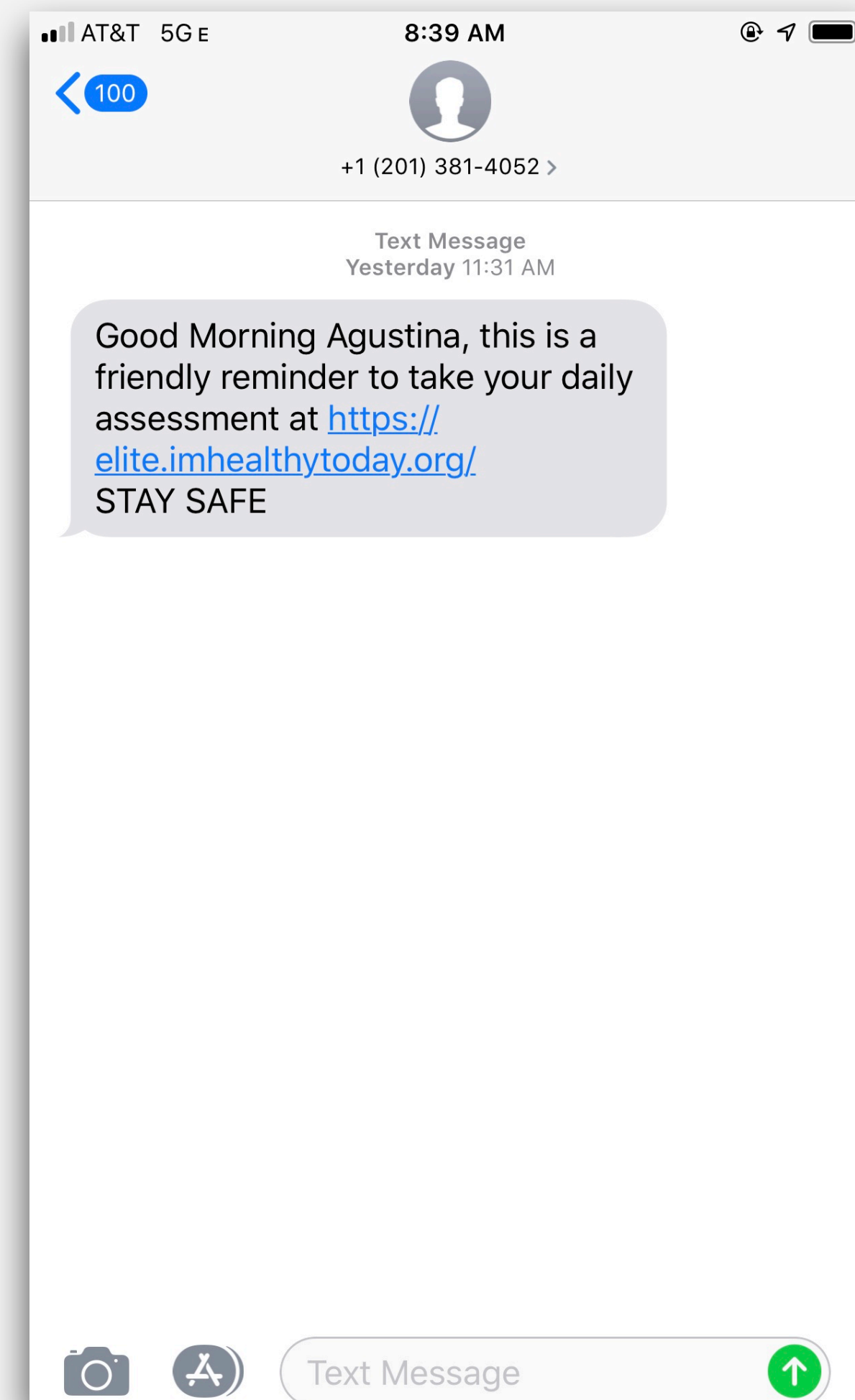
All questions in our Initial and Daily Checker are related to COVID-19 symptoms and exposure.
No health-related questions are part of our screening process.

DAILY REMINDER

The day after taking the **Initial Self-Checker**, members will receive a text every morning with a daily reminder that includes a link to take the **Daily Self-Checker**.

Members will access the login by simply clicking on the link in the text to complete the screening for that day.

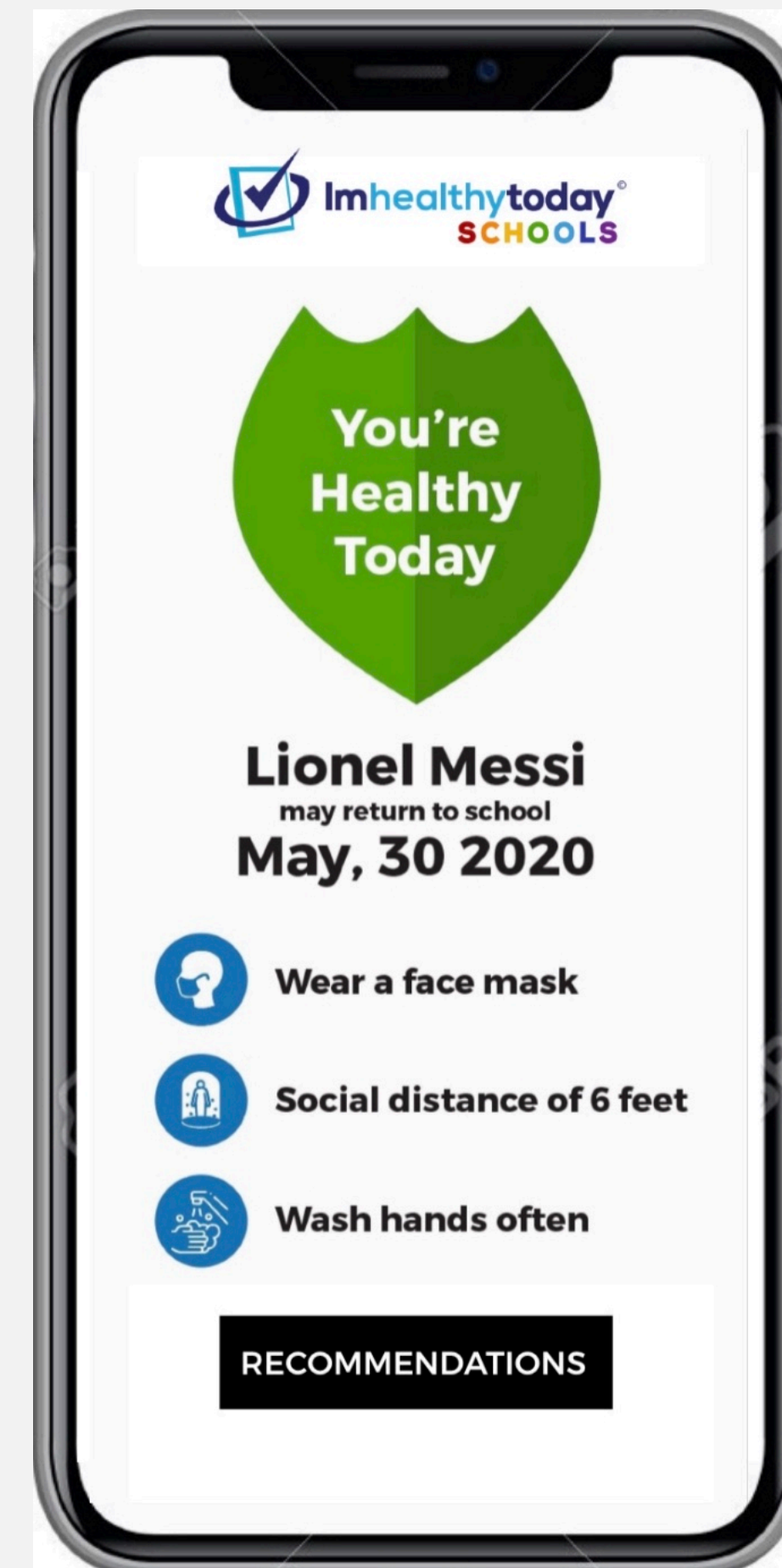
Members will take the daily self-checker even on days off; since we want to assist them the moment they need it to prevent the virus from spreading.



DAILY SELF-CHECKER

Members must take the **Daily Self-Checker** everyday including weekends to obtain clearance. Those members who are cleared will receive a text message with a green light and a time stamp to show at the school point of entry.

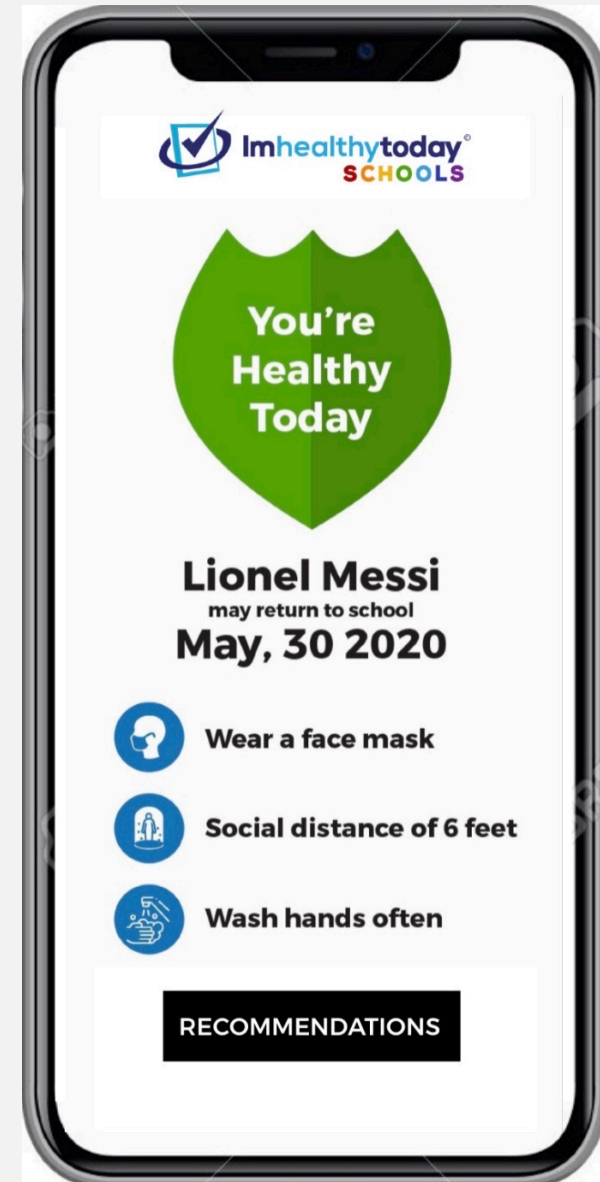
Those members who, according to their answers, are symptomatic or were potentially exposed, will receive a yellow light via text message instructing them to stay home. They will receive instructions on how to self-quarantine and will be promptly contacted by our team to schedule a medical tele-visit.



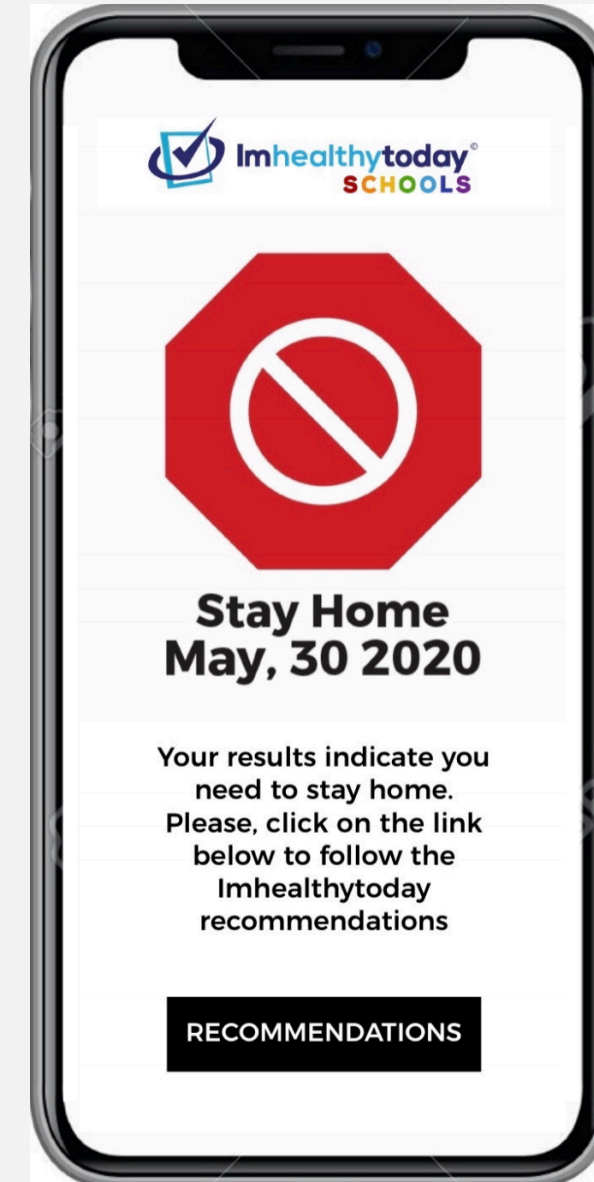
STATUS LIGHTS



Yellow Light
Stay Home
Televisit



Green Light
Cleared for
School



Red Light
Stay Home
Quarantine or Isolation



Emergency Light
Seek immediate help
ER or 911

MEDICAL TELE-VISIT

During the medical tele-visit the doctor will assess if the member is cleared to return to school or if COVID-19 testing is needed.

Those members who test positive for COVID-19 will be **referred to their primary care physician for treatment** and contacted by our team for follow-up testing after the two-week isolation period is complete. All members are required, as per CDC guidance, to obtain two negative results by being tested within a period of no less than 24 hours apart.

All members who get cleared to return to school need to resume the Daily Self-Checker before going to school to get clearance.



SALIVA TESTING

FDA EUA APPROVED TEST

- ✓ **Noninvasive** Ideal for children
- ✓ **Reliable** Low rate of false negative or positive results
- ✓ **Safe** The test is mailed to the member's home avoiding the possibility of contracting the virus in a testing facility



THE HEALTH STATUS DASHBOARD

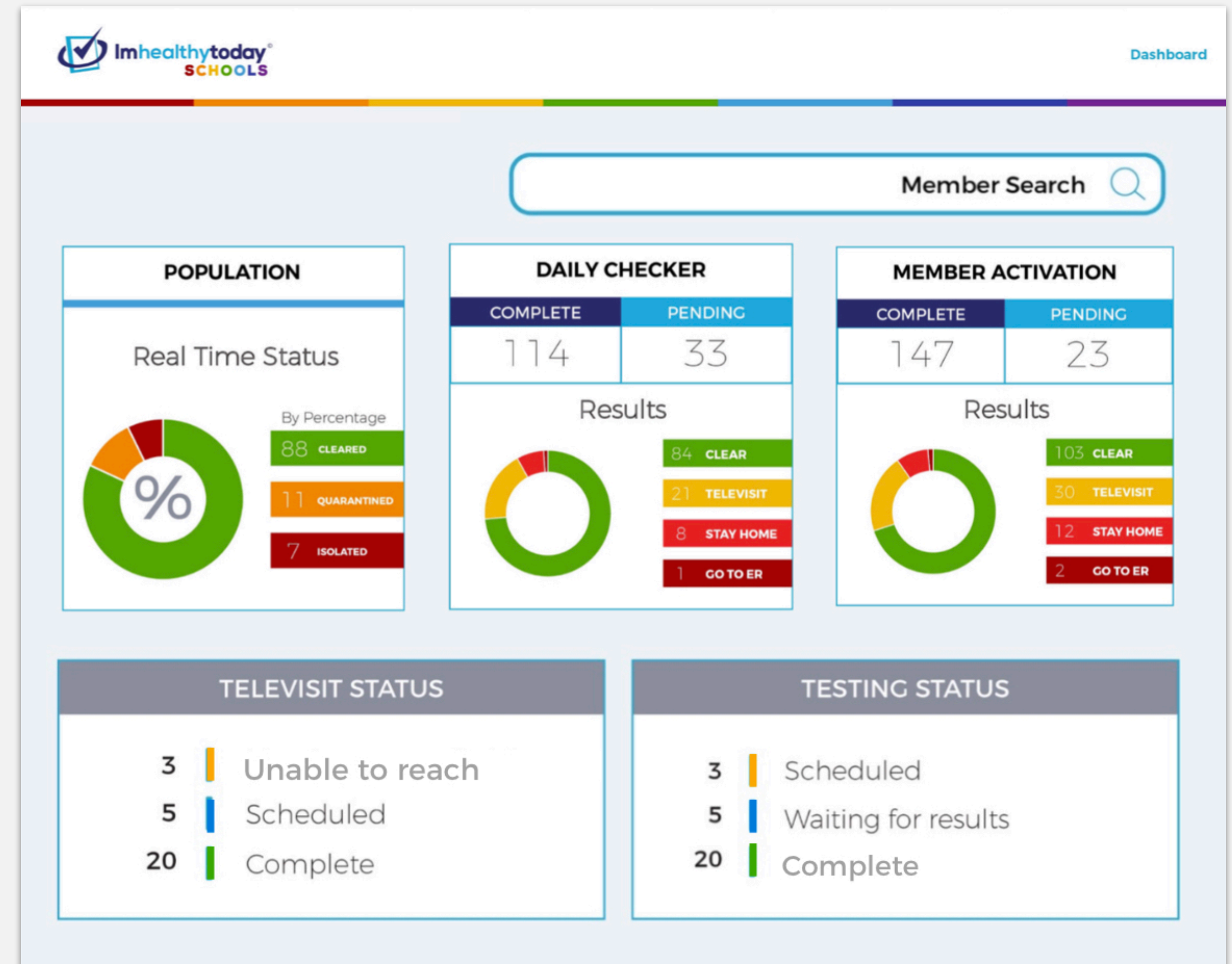
DASHBOARD ACCESS

The member or members designated to manage the Health Status Dashboard will gain access simply by logging in using the credentials provided in the activation email and text.



THE HEALTH STATUS DASHBOARD

Every morning our team checks your dashboard to promptly reach out to the members who need tele-visits to expedite the clearance process



QUESTIONS?



Tech Support: please, text your concerns to **(305) 614-6913**



Customer Service: **(786) 547-9374**



Online Resources: **www.imhealthydayschools.com**